

# Mountaineer

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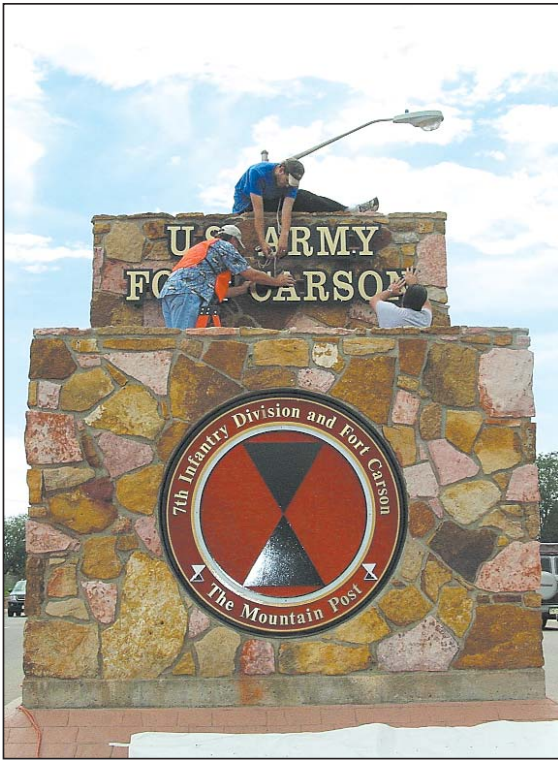


Photo by Nel Lampe

## In with the new ...

Steven Travis, top, Paul Grell, left, and Calvin Comeau of Adko Signs, Inc., put brass letters in place at the Gate Four sign Aug. 17. The 7th Infantry Division insignia was later replaced with the U.S. Army insignia. Signs at Gates 1 and 20 were also changed.

## Justice Department Web site explains military rights

by Jim Garamone

American Forces Press Service

WASHINGTON — The Department of Justice has launched a Web site to protect service members' rights, Attorney General Alberto R. Gonzales said Aug. 14.

Gonzales, speaking to the Disabled American Veterans annual convention in Chicago, said the Justice Department has made it a priority to enforce civil rights laws for American service members.

"The law recognizes that although we can never thank you enough for your service, we can take away some of the worries that Soldiers might face when they are deployed," he said in prepared remarks.

The government promises that service members' jobs will still be theirs when they come home and that they cannot be discriminated against by their employers because of their military service. The U.S. vows that service members will be able to vote and that their vote will be counted. And it promises that service members "will have procedural protections in civil actions, like lawsuits or property repossession, when serving overseas."

The Justice Department Web site, [www.servicemembers.gov](http://www.servicemembers.gov), outlines the rights service members have under the Uniformed Services Employment and Re-employment Rights Act, the Uniformed and Overseas Citizens Absentee Voting Act and the Service members Civil Relief Act.

"These basic civil rights are enforced by the Department of Justice, and I can assure you that the department's staff and prosecutors are deeply committed to these enforcement efforts," Gonzales said. "We feel that it is an honor to serve those in uniform in this way. It is our way of saying thank you for your service."

The attorney general said these are not just "pie in the sky" rights, but issues that directly affect people.

In one case, Justice Department officials filed its first complaint alleging that American Airlines violated rights of employees who also serve as military pilots. The case was brought on behalf of three military pilots employed by American Airlines. It states that the airline reduced the employment benefits of pilots who had taken military leave, while not reducing the same benefits for pilots who had taken similar, nonmilitary

leave, Gonzales said.

"In another vivid example of the people for whom we enforce these laws, the department recently won a consent decree from an employer who terminated employment of a service member named Richard White the very same day that Richard told his boss he was being called to active duty," the attorney general said. "The consent decree requires the employer to pay back wages to Mr. White."

"What leads an employer to treat a Soldier like an inconvenience is something for a higher power to judge. But here on Earth, we have USERRA, and we'll use it for Richard White and for Soldiers like him, as often as is necessary."

Voting is another service member right the Justice Department guards. "Earlier this year ... (the department) addressed long-standing structural issues affecting uniformed military personnel posted both in this country and overseas who wished to vote in North Carolina, South Carolina and Alabama," Gonzales said.

These states had runoff elections too close to the primary elections to allow these voters to receive and return ballots. With cooperation from state election officials, the department was able to redress each of these violations. "As the 2006 general election approaches, we will continue vigilant protection of the voting rights of service members, their families and other overseas citizens," he said.

Gonzales also addressed the Service members Civil Relief Act. "Thanks to this law, men and women currently serving in Iraq and Afghanistan have procedural protections in place that will allow them to be less distracted by litigation back home — by someone trying to repossess a leased car, evict their spouse and children, sell their house at an auction or run up penalties on credit cards with 21 percent interest rates," he said. "It's hard to respond to a civil lawsuit while you're focused on improvised explosive devices, and the law protects service members for that reason."

Enforcement of this law is a readiness and morale issue, he said. "Men and women in uniform, like all Americans, have to honor their obligations," he said. "However, Congress long ago decided, wisely I think, to provide protections to them against lawsuits while deployed overseas on active duty."

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## MUST SEE



eCYBERMISSION registration.  
See Page 11.

# National anthem plays for a reason; heed it

## Commentary by

**Maj. Mike Stolt**

*97th Flying Training Squadron,  
U.S. Air Force*

### SHEPPARD AIR FORCE

**BASE, Texas** — It was a hot Tuesday afternoon. I was leaving bldg 402 after updating my base vehicle sticker.

As I walked toward the double-glass doors leading to the parking lot, I encountered a small group of people standing just inside the door — two airmen, a civilian employee and one captain. As I reached the door, the captain said, "You don't want to go out there right now."

I looked out and saw traffic stopped and several people standing in the hot July sun, gazing westward, some saluting, some standing at attention and some with their hands laid on their chests.

No, I don't really want to go out there right now. I looked at my watch — 4:30 p.m.

I stood with the group that now numbered five. No one spoke. One airman made a call on her cell phone, the other shifted his gaze back and forth between his shoes and the wall. The captain shifted through a folder of papers. The civilian and I watched through the glass doors as a technical sergeant stood at attention, saluting ... a sweat ring growing on his back. It seemed to go on forever.

The base loudspeakers squeaked out the last recorded notes of the national anthem. The cars rolled forward, the technical sergeant lowered his salute. The civilian pushed our door open and walked out. The rest of us followed. When the heat hit me, I felt fortunate that my timing had kept

me inside during the long ceremony.

I thought about that day for weeks. Images of the episode flashed through my mind as if I'd witnessed a crime — the plate-sized sweat ring, the glow of the cell phone on the airman's cheek, the civilian's hand resting on the door handle, the glare of the sun, the heat.

I recently read an article about the War on Terror and learned that we average 2.35 Americans dead and 10 wounded every day in the area of responsibility. That day leapt back into my thoughts. A few hours of research helped me identify the date — July 14, 2005.

On July 14, 2005, 23-year-old Cpl. Chris Winchester and 22-year-old Cpl. Cliff Mounce were killed when their vehicle was targeted by an improvised explosive device in Baghdad.

On that day, 21-year-old Staff Sgt. Tricia Jameson was killed by a secondary IED while she was treating a victim of the primary IED. She, Winchester and Mounce all died in Trebil, Iraq. We can assume she was treating Winchester, Mounce or another in their group. She volunteered to go to Iraq and had been in country three weeks.

On that day, four American Soldiers died in Iraq and numerous others were wounded.

On that day, four families were plunged into mourning.

On that day, I flew one sortie, sifted through e-mail, updated my base vehicle sticker and hid from the heat behind a glass door.

Why does it matter that I avoided participating in retreat? Some may think it's silly symbolism, that it's not real. An aircraft is real. A computer, a vehicle sticker — they're real.

I believe that anything that you allow to move you, or that inspires those around you to search their hearts, is as real as the bomb that tore Winchester's body apart last summer. Anything that forces an entire base to stop and listen to their thoughts for a while is real. Anything that causes you to pause and acknowledge that American Soldiers may be under fire as you listen to the national anthem is real.

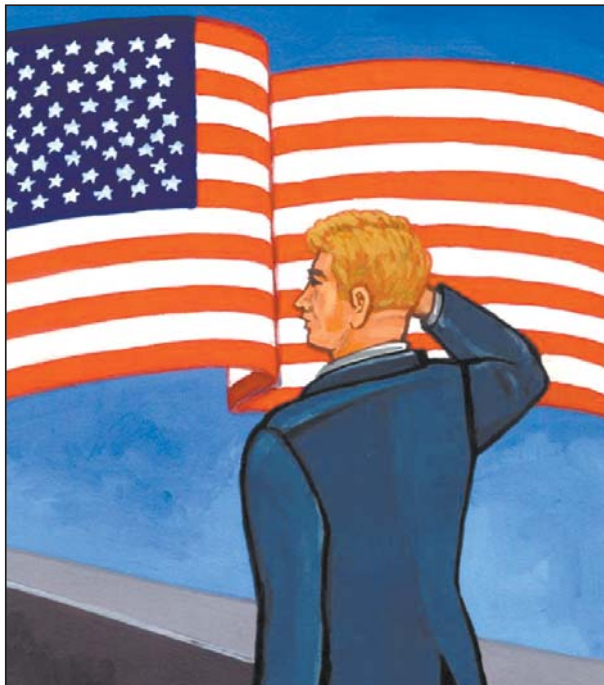
As we five stood inside that doorway, the Soldiers killed and wounded

that day may have been bleeding, screaming and dying in the sand.

If my timing is ever again as perfect as it was that day, I'll be prepared. I'll be ready with, "Yes, I do want to go out there right now." You may not come with me, but I'll bet you think about it for weeks.

If I had stepped outside to pay respect to the flag and to the four Soldiers who died that day, how long would it have taken?

One minute and 28 seconds.



## POST TALK: What do you think of while the national anthem is being played?



*"Well, for the last few years, I think of my comrades over in Iraq and hope they'll return soon."*

**Maj. Ramona Palmer**  
1190th Deployment Support Brigade



*"I think about some of my partners that didn't come back."*

**Rod Plowden**  
Retired Air Force



*"I think of pride in my country and the people that gave up so much of their lives for so long."*

**Mike Biszak**  
Family member

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# NEWS

## Army tests remote warfare, Soldier performance

by Ashley John

*Tank Automotive Research, Development and Engineering Center Public Communications*

**WARREN, Mich.** — In a six-week experiment at Fort Knox, Ky., the U.S. Army Research Development and Engineering Command measured how science and technology implemented in Future Combat Systems' unmanned vehicles enhances Soldiers' capabilities and performance.

"This gave us (Army) an opportunity to see how computer-automated tools can assist with tasks that are conventionally performed by Soldiers," said Lt. Col. John Janiszewski, chief of experimentation and analysis directorate for the Army's Unit of Action Maneuver Battle Lab. "It's important that our Soldiers become capable of using unmanned vehicles efficiently because their use means fewer Soldiers being exposed to dangers of the battlefield."

The experiment centered on two key metrics: autonomous mobility and Crew Aiding Behaviors software, which automates such common tasks as route planning and the selection of observation and fire positions in crew stations developed by RDECOM's Tank Automotive Research, Development and Engineering Center, Army Research Laboratory. The experiments showed that

the use of automated software significantly reduced threat-engagement time and improved the way Soldiers control the robot.

"We are intentionally overloading Soldiers," Janiszewski said. "We want to see how many tasks they can handle without interfering with their performance in combat situations."

The TARDEC-ARL touch-screen crew station allows Soldiers to create robot behaviors that maximize efficiency in choosing enemy targets. Forward robots detect enemy positions and present targets to Soldiers via situational awareness maps. The crew station takes in the information, prioritizes it and recommends a weapon to engage the target. The entire task is completed while Soldiers simultaneously control the follow-vehicle and search the screens for "red-force" enemies.

When multiple targets are spotted, the crew station's automated technology prioritizes the



Courtesy photo

*A Soldier operates a crew station during a six-week experiment by the U.S. Army Research Development and Engineering Command that measured how science and technology can enhance Soldiers' capabilities and performance.*

enemies and tells Soldiers which weapon would most effectively defeat the threat. After the threat is destroyed, the next priority threat moves to the top



## *First Army announces force structure actions at Forts Riley, Carson and Meade*

### *Army News Service*

As part of continuing efforts to transform to the future force, First U.S. Army Headquarters announced Aug. 17 the activation by Oct. 1 of Training Support Division East at Fort Meade, Md., and Training Support Division West at Fort Carson.

TSD East and TSD West will be two-star commands subordinate to First U.S. Army (Training, Readiness, Mobilization). They are being formed to perform command and control of pre-mobilization training, readiness oversight, post-mobilization training and certification to Reserve Component units assigned to their geographic areas of responsibility

through subordinate training support brigades.

The establishment of TSD East and TSD West eliminates the requirement for the 7th Infantry Division at Fort Carson, and the 24th Infantry Division at Fort Riley, Kan., which will be inactivated by Oct. 1.

The 1st and 4th Infantry Division headquarters, designated brigade combat teams and multifunctional support brigades will restation as a result of Base Realignment and Closure. The Army is completing its restationing of the 1st Infantry Division to Fort Riley, and by March 2007 will start re-stationing the 4th Infantry Division to Fort Carson.

## Remote

From Page 3

of the screen for disengagement.

Soldiers use the crew station to give the follower vehicle a manually-specific path, but they may also use automated planning tools to automatically create the follower route.

"The crew-station vehicles have given me better visualization of the battlefield," said Sgt. 1st Class Jeremy Dose, who operated and tested the vehicles. "The best part is that my workload hasn't increased very much, and now I am keeping myself and other Soldiers out of enemy fire."

The experiment validates seven years of robotic follower and crew-station technology research, according to Patrick Nunez, TARDEC research scientist and test manager.

"We are trying to make it easier for Soldiers to operate manned and unmanned assets simultaneously, while reducing the number of

Soldiers inside the vehicle," he said.

"Remote warfare technologies could reach Soldiers' hands as early as 2008," Janiszewski added. "The Army has developed a baseline of technologies for future systems that have the potential to be spun-out into current military platforms." TARDEC will now focus on integrating and improving Soldier-robot interaction. "We need to find ways to improve how Soldiers communicate with unmanned assets. We want to be able to let Soldiers know what the robot is thinking," said Nunez.

TARDEC is headquartered at the Detroit Arsenal in Warren, Mich. Its mission is to research, develop, engineer, leverage and integrate advanced technology into ground systems and support equipment throughout the life cycle. Its technical staff leads research in ground-vehicle survivability, mobility, intelligent systems, and maneuver support and sustainment.

# MILITARY

## 4th Engineers work to restore historical hospital complex

by Capt. Charles Waldron

4th Engineer Battalion

If you've been a regular reader of the *Mountaineer*, then you're already aware of the impact that the newly established 4th Engineer Battalion has made on post and the surrounding community. The 4th Eng Bn has already taken great strides in

improving facilities around post. One of their latest projects involves the preservation and restoration of the remaining buildings of the old hospital complex.

Before the opening of Evans Army Community Hospital in 1986, all medical services were provided through the hospital complex, which opened on Aug. 6, 1942. During those days the post was called Camp Carson and was designated as a temporary

cantonment, not to be used as a permanent military installation. Due to the lack of available materials and to help prevent fire, the hospital buildings were constructed using cinder blocks, a practice that was fairly uncommon for the time. But this atypical construction is the main reason many of the original hospital complex buildings still stand strong and are in active use today.

When the hospital complex first opened it could accommodate 1,250 patients. By the end of World War II, the hospital handled more than 3,000 patients. The hospital facilities were expanded during the Korean and Vietnam Wars to accommodate the increased need for the recovery and rehabilitation of wounded Soldiers. As the Vietnam War ended, the hospital complex served as a separation center that helped Army personnel return to civilian life.

The overwhelming longevity of the hospital complex buildings began to create their own unique set of problems as the years passed. While the buildings were still structurally sound, the high demands for electrical, plumbing and heating in the late 1980s and 1990s began to wear on building occupants accustomed to more modern living. These problems led Fort Carson's Directorate of Public Works to evaluate the cost of renovating and upgrading the buildings

*Soldiers of the 4th Engineer Battalion restore the old hospital complex on post. The hospital complex was built in 1942 when the installation was known as Camp Carson. The buildings have seen a variety of uses since their original construction.*



Courtesy photo

# Military briefs

## Miscellaneous

**ACS closure** — Army Community Service will be closed today for organization day. The following services remain available:

- Army Emergency Relief assistance may be initiated via Soldiers' command financial noncommissioned officer or by calling (719) 279-3941 (pager).
- Victim Advocacy support may be accessed by calling (719) 577-3171 (pager).

**MOAA special presentation** — The Military Officers Association of America, Pikes Peak Chapter, invites all active and retired officers to a special presentation by Ambassador Roger G. Harrison Sept. 7 at Peterson Air Force Base Officers' Club. A social begins at 11:30 a.m. with lunch served at noon. Lunch is \$12 per person with a choice of baked pork chop or blackened chicken salad.

Reservation with a check payable to PPC/MOAA must be made by Sept. 1 to Karin Manning, 2011 Pine Mesa Grove, Colorado Springs, CO 80918-3655.

**OSJA closure** — The Office of the Staff Judge Advocate will be closed for organizational day Aug. 31.

**Ethics training** — The Office of the Staff Judge Advocate hosts annual ethics training on the following dates: Tuesday and Thursday from 9-10 a.m. and Sept. 5, 12 and 14 from 1:30-2:30 p.m. Training will be held at McMahon Theater. Training is mandatory for Department of the Army civilians and military personnel. Units with more than 100 members can request individual training. Contract personnel are not required to attend. For details call 526-0538 or e-mail [Lorraine.Sirois@carson.army.mil](mailto:Lorraine.Sirois@carson.army.mil).

**TSP Pilot** — Let the Thrift Savings Plan Pilot take the guesswork out of your TSP fund choice decisions (including the new L funds). TSP Pilot's investment analysts give you optimized fund balance allocations you can plug into your TSP account Web site to maximize returns. A free issue is available. Please allow a few moments for the page to fully load: <http://TSP-pilot.com>.

**Transition Center closure** — The Transition Center in bldg 1042 will be closed today for organizational day. In case of emergency, call 209-1073.

**Environmental Health training** — The Environmental Health section of Preventive Medicine offers heat category monitoring training, food service sanitation training and classes on heat and cold weather injuries, sexually transmitted diseases, hearing conservation and medical threat briefings. For more information on these classes call 526-7922 or 524-2238.

**DPW services** — The Directorate of Public Works is responsible for a wide variety of services on Fort Carson. Services range from repair and maintenance of facilities to equipping units with a sweeper, and cleaning motor pools. Listed below are phone numbers and points of contact for services:

- Facility repair/service orders — KIRA service order desk at 526-5345. Use this number for emergencies or routine tasks.
- Refuse/trash — Call Kandy Clark at 526-9243 when needing trash containers, trash is overflowing or emergency service is required.

- Facility custodial services — Call Larry Haack at 526-9237 for service needs or to report complaints.

- Elevator maintenance — Call Sharon Gayle at 526-1695.

- Motor pool sludge removal/disposal — Call Kandy Clark at 526-9243.

- Repair and utility/self-help — Call Gary Grant at 526-5844. Use this number to obtain self-help tools and equipment or a motorized sweeper.

- Base operations contract COR — Call Terry Hagen at 526-9262 for reporting wind damage, snow removal concerns, damaged traffic signs or other facility damage.

- Portable latrines — Call Kandy Clark at 526-9243 to request latrines, for service or to report damaged or overturned latrines.

## CIF Hours

### Regular business hours

The Central Issue Facility has changed its operating hours. The CIF is no longer open to Soldiers on Fridays. Soldiers may make appointments by calling 526-3321. Listed below are the new operating hours.

### Inprocessing

Monday-Thursday from 7:30-10:30 a.m.

### Initial issues

Monday-Thursday from 12:30-3 p.m.

### Partial issues

Monday-Thursday from 12:30-3 p.m.

### Cash sales/report of survey

Monday-Thursday from 7:30 a.m.-3 p.m.

### Direct exchange

Monday-Thursday from 12:30-3 p.m.

### Partial turn-ins

Monday-Thursday from 12:30-3 p.m.

### Full turn-ins

Monday-Thursday 7:30-10:30 a.m.

### Unit issues and turn-ins

Call 526-5512/6477 for approval.

## Hours of operation

**Education Center hours of operation** — The Mountain Post Training and Education Center's hours are as follows:

- **Counselor Support Center** — Monday through Thursday 7:30 a.m.-4:30 p.m. and Friday, 11 a.m.-4:30 p.m.

- **Learning Resource Center** — Monday through Thursday 9 a.m.-8 p.m.; Friday 9 a.m.-5 p.m.; Saturday 10 a.m.-3 p.m.; and training holidays 9 a.m.-5 p.m.

- **Defense Activity for Nontraditional Education Support and Advanced Personnel Testing** — Monday through Friday 7:30-11:30 a.m. and 12:15-4:15 p.m.; closed training holidays.
- **Basic Skills Education Program/Functional Academic Skills Training** — Monday through Thursday 1-4 p.m.; closed training holidays.

- **eArmyU Testing** — Monday-Friday, 12:15-4:15 p.m.; closed training holidays.

**Military Occupational Specialty Library** —

Monday through Thursday 9 a.m.-8 p.m.; Friday 9 a.m.-5 p.m.; Saturday 10 a.m.-3 p.m.; and training holidays 9 a.m.-5 p.m.

**Legal Assistance hours** — Operating hours for the Legal Assistance Office are Monday-Thursday from 9 a.m.-5 p.m. and Friday from 9-11:30 a.m. and 1-4 p.m.

**Claims Division hours** — The Claims Division office hours are Monday through Thursday from 9 a.m.-5 p.m., Friday from 8 a.m.-1 p.m. and closed federal and training holidays.

To make a claim, Soldiers must attend a mandatory briefing, which is given Mondays and Wednesdays at 10 a.m. and 2 p.m.

At the briefing, Soldiers must submit a Department of Defense Form 1840/1840R. Submit completed claims Tuesdays and Thursdays.

**DFAC hours** — Fort Carson dining facilities operate under the following hours:

*Wolf Inn* — Monday-Friday 7-9 a.m. (breakfast), 11:30 a.m.-1 p.m. (lunch) and 4:30-6:30 p.m. (dinner). Weekend hours are 7:30-9 a.m., 11:30 a.m.-1 p.m. and 4:30-6 p.m.

*Butts Army Airfield* — Monday-Friday 7-9 a.m. (breakfast), 11:30 a.m.-1 p.m. (lunch) and 4:30-6:30 p.m. (dinner). This DFAC is closed weekends.

*Patton Inn* — Monday-Friday 7:30-9 a.m. (breakfast), 11:30 a.m.-1 p.m. (lunch) and 5-7 p.m. (dinner). Weekend hours are 7:30-9 a.m., 11:30 a.m.-1 p.m. and 4:30-6 p.m.

*10th SFG* — Monday-Friday 7-9 a.m. (breakfast), 11:30 a.m.-1 p.m. (lunch) and 4:30-6 p.m. (dinner). This DFAC is closed weekends.

## Briefings

**Special Forces briefings** — will be held Wednesday at bldg 1217, room 305, from 10-11 a.m., noon-1 p.m. and 5-6 p.m.

Soldiers must be E4-E6 from any military occupational specialty; have a general technical score of at least 100; be a U.S. citizen; score 229 or higher on the Army Physical Fitness Test; and pass a Special Forces physical. Call 524-1461 or visit the Web site at [www.bragg.army.mil/sorb](http://www.bragg.army.mil/sorb).

**ACAP briefing** — The Army Career and Alumni Program predeparture briefing is required for all departing service members. Current ACAP policy requires personnel ending time in service to register one year out and retirees two years out. ACAP predeparture briefings are held Monday-Friday from 7:30-9 a.m.

Attendees should report to ACAP by 7:15 a.m., bldg 1118, room 133. Call 526-1002 to schedule the briefing.

**ETS briefing** — ETS briefings for enlisted personnel will be held the first and third Tuesday of each month until further notice.

Briefing sign-in begins at 7 a.m. at bldg 1042, room 310. Briefings will be given on a first-come, first-served basis. Soldiers must be within 120 days of their ETS but must attend the briefing no later than 30 days prior to their ETS or start date of transition leave. Call 526-2240 for more information.

## Engineers

From Page 5

versus demolishing them. Not wanting to demolish buildings with such rich history, recommendations were sent to the Colorado State Historic Preservation Office. That office, Fort Carson and the Advisory Council on Historic Preservation took the proper steps to document the old hospital complex in a Memorandum of Agreement signed Feb. 14, 1995. With the remaining buildings saved, a lot of work needed to be done to maintain the buildings' historical status. Even today, much work is needed to restore the hospital complex to its original condition. Enter the 4th Eng Bn.

The 4th Eng Bn has developed a mutually beneficial relationship with DPW on Fort Carson. The DPW is able to accomplish many more projects on post and the Soldiers of the 4th Eng Bn are able to gain valuable work experience from these projects. This relationship also saves the post and taxpayers money by not going to outside contractors to accomplish the same work that the Soldiers of the 4th can accomplish.

The 4th's restoration work of the old hospital complex began with the removal of an awning covering a walkway that was attached to bldg 6236 some time ago but was not part of the building's original structure. The wood on the awning was rotting and separating from the building. The task of the engineers was to remove the awning from the building.

Sgt. Thomas Templin operated the small emplacement excavator to do a majority of the work as well as provide training to new Soldiers in the unit. "The work went smoothly," Templin said. "We

were able to test out new equipment, refresh training and expose new Soldiers to the various capabilities of our engineer equipment while helping out the Historical Society on Fort Carson." After seeing how the SEE truck worked, Soldiers clamored for their chance to operate the equipment.

"This was the first time I had done any work like that," Spc. Andy Guidry said. "We had 20 Soldiers working with sledgehammers and axes at first and then they brought in the SEE truck. It was amazing to see how much faster the SEE truck could do the same work we were doing. The work provided great cohesion between the new Soldiers and more experienced Soldiers and NCOs (noncommissioned officers)."

But the work didn't stop with the outside of the building. The next task was to remove more than 50 radiators, each weighing from 500-900 pounds, from the building to be refurbished. The radiators will be reinstalled to restore the interior of the building to its original status. The engineers also removed modern fluorescent lighting and wiring. Miles of wire and electrical equipment were removed to make way for the original lighting and electrical systems to be reinstalled.

"This was a challenging but rewarding task," Sgt. Daniel Grant said. "I think the final product of the restoration will look really great."

As the Soldiers of the 4th continue to work on the restoration of the hospital complex, they also are hard at work on other areas on post.

If you see Soldiers in hard hats pouring concrete for new sidewalks and bus stops, give them a wave and know that a unit from Fort Carson is working hard to improve the post while saving valuable tax dollars.

## AAFES Web site makes uniform ordering easy

*Army News Service*

**DALLAS** — The latest edition to the Army and Air Force Exchange Service's Exchange Online Store makes ordering and assembling uniforms easier.

The virtual exchange's new "Uniform Ready-to-Wear" site lets Soldiers order uniforms with such add-on items as boots, belts, T-shirts and socks. Nameplates, rank, insignia, badges and patches can be sewn on by local alterations contractors. Orders are then shipped to the Soldier's door ready to wear.

"This is a great opportunity for active and Reserve Soldiers in remote locations to purchase their ACUs," said AAFES Army Program Manager, Military Clothing, Maj. Lula Hart-Evans. "Assembling a complete uniform is now as simple as using a pull-down menu."

Operational since July 24, the "Uniform Ready-to-Wear" site is at [www.aafes.com](http://www.aafes.com). From there, select "Military Uniforms Ready-to-Wear."

# Diyala governor visits FOB Warhorse to discuss Iraqi law

**Story and photo by Pfc. Paul J. Harris**

*3rd Heavy Brigade Combat Team*

**BAQUBAH, Iraq** — The Diyala Province's Governor, Ra'ad Rashid Mulla Juwad Al-Timimi, joined Anne Patterson, U.S. Assistant Secretary of State for International Narcotics and Law Enforcement Affairs, Aug. 14 at Forward Operating Base Warhorse to talk about the condition of Diyala's legal system.

Col. Brian Jones, commander, 3rd Heavy Brigade Combat Team, hosted the discussion which focused on how to bolster Iraq's judicial system and the status of the police force in Diyala Province.

The State Department's Provincial Reconstruction Team, which works with local governments to foster economic development and infrastructure repair, is working with Iraqis to find resources to improve their courthouses and other infrastructure.

To facilitate law enforcement, Lt. Col. Chris Johnson, deputy team leader, PRT, 3rd HBCT, said Iraqis need training, computers and various other infrastructure improvements. Additional training could provide a martial force to secure judges who preside over high profile cases such as the prosecution of insurgents. Judges who preside over these cases are routinely targeted by the insurgency in Iraq.

"Ideally we would like the judges in the provinces to try the insurgents, but for now they are being tried in Baghdad," said Maj. Alyssa Schwenk, brigade judge advocate, 3rd HBCT. "Provincial judges are trying straight criminal cases."

"Rule of law is a foundation for democracy, if there is no law or respect for people's rights you do not have a democracy," said Johnson. "People have to feel safe and feel that their government is empowered."

Schwenk added that it was important for the rule of law to be equally representative in all areas of Iraq and not just in Baghdad.

"Unless we can establish a rule of law that works, Iraq will not be able to stabilize," Schwenk said. "If they (the Iraqi people) have no faith in the system, then it will result in anarchy."

During more than 30 years of rule under Saddam Hussein, Iraqis floundered on the global scene because they had limited access to knowledge and advances in technology.

Iraq has plenty of bright and educated people but these people have not been in contact with the latest developments in their professions, commented PRT leader Kiki Munshi.

"We can put up the odd courthouse or jail but what they really need at the police and judge level is more access to knowledge," she said.

However, she was quick to add that the governor,

who is pleased with the efforts of coalition forces, does not want a wholesale American judicial system.

"The governor asked Ambassador Patterson to take the message back to Washington 'they need us to stay the course in Iraq,'" Munshi said. "But they also wanted us to work with them, fully recognizing their unique Iraqi culture, its value and their desire to retain that culture."



*Diyala Province's Governor Ra'ad Rashid Mulla Juwad Al-Timimi talks with U.S. Assistant Secretary of State Anne Patterson International Narcotics and Law Enforcement Affairs, as Col. Brian Jones, commander, 3rd Heavy Brigade Combat Team, takes notes during a conference on the state of the judicial system in Diyala Province Aug. 14 at Forward Operating Base Warhorse.*



# IA training creates better Soldiers

Story and photo by  
Pfc. Paul J. Harris

*3rd Heavy Brigade Combat Team*

**BAQUBAH, Iraq** — Gunfire rings out followed by sharp commands in Arabic. Iraqi soldiers stack against the barriers like pieces in a puzzle and attempt to clear the adjoining room.

It is this close quarters marksmanship training that makes the

Iraqi soldier better.

Iraqi soldiers from 2nd Brigade, 5th Iraqi Army Division, completed a month-long training course Aug. 16. The course was taught by U.S. Special Forces and the Military Transition Team Soldiers at Forward Operating Base Gabe.

"A democracy needs good fighters and good soldiers, especially in an area like Baqubah," said Gen.

Samon Talabany, commander, 2nd Brigade, 5th Iraqi Army Division, who was at FOB Gabe to check his soldiers' progress.

Talabany said he was happy with the training coalition forces provided and did not think there were many units in Iraq that got this type of help.

The training focuses on close quarters marksmanship and basic movement techniques similar to training U.S.

Soldiers receive in basic training.

"It was not too hard as long as you paid attention and kept your head in the training," said a 2nd Brigade Iraqi soldier after receiving his certificate of completion.

The soldier said he will take this information and teach it to the other soldiers in his unit.

"When a soldier finishes the training you can see the change in him," Talabany

said. "Every month, they are training one company from the brigade. They are doing very well and are extremely professional."

The reason for this training is to get Iraqi soldiers to become a cohesive unit. The soldiers are proficient at fighting; but the fundamentals of communication and movement that U.S. Soldiers learn in basic training were not taught to the Iraqi soldiers until now.

"A large percentage of the guys in 2nd Brigade, 5th Iraqi Army Division, were (Iraqi) National Guard and they received no basic training," said Lt. Col. Frank Muggeo, Military Transition Team leader for 2nd Brigade, 5th Iraqi Army Division, 3rd Heavy Brigade Combat Team. "They were on the street; they gave them a gun and they have been fighting for a couple of years without any of the training we would have gone through."

Although it was like starting from scratch, Muggeo, along with Talabany, is pleased with the way the training has enhanced the skills of the Iraqi soldiers.

"They go back to the unit as a platoon, as opposed to a bunch of guys," Muggeo said. "I think the transformation of the brigade has been magnificent."

*Soldiers from 2nd Brigade, 5th Iraqi Army Division, dismount their truck and prepare to storm a house during a training course to improve close quarters marksmanship skills Aug. 16 at Forward Operating Base Gabe near Baqubah, Iraq.*



# COMMUNITY



## RE/MAX helps put military spouses on career path

American Forces Press Service

**WASHINGTON** — Moving frequently is not always beneficial to military spouses' careers, but RE/MAX officials hope to help change that.

RE/MAX, an international realty company, announced "Operation RE/MAX" Aug. 14 during opening ceremonies of the 2006 RE/MAX International Conference of Broker/Owners and Managers here. The program assists military spouses developing careers in real estate, which a recent American National Standards Institute survey indicated as one of the top five careers suited for military spouses.

"A career in real estate is ideal for many military spouses," Dave Liniger, RE/MAX co-founder and chairman of the board, said in the release.

"It's a line of work that an individual can easily transport to any new location and become productive again almost immediately."

Operation RE/MAX is not limited to those who want to become licensed real estate

salespersons, however. Programs for administrative office support, unlicensed assistants and other staff positions also are available.

"We began discussions with the Department of Defense almost a year ago," said LaVerne Bintner, RE/MAX vice president of training. "They have determined that offering positive career opportunities for spouses may help accomplish one of their highest priorities — retention of quality military personnel."

Other career paths recommended to military spouses by the DoD include paralegal, nursing, dental assistant/technician and teaching.

License preparation for spouses participating in Operation RE/MAX is being handled by local real estate license training schools, with ongoing training available via the RE/MAX Satellite Network, Bintner added.

Advanced sales training courses are also available on the satellite network.

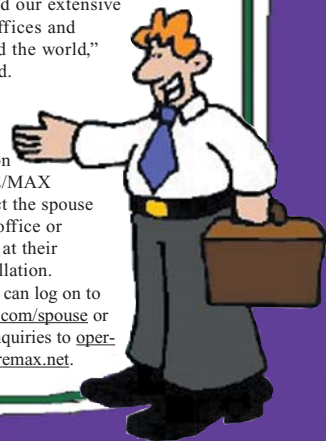
Research by the Standards Institute showed that real estate careers are ideally suited to military spouses because of

the shorter educational and licensing period, high income potential and portability. RE/MAX personnel already have attended a number of career fairs at military installations around the country to explain the program and examine additional needs and services.

"RE/MAX is an ideal career field for military spouses because of our focus on technology, including the RE/MAX Satellite Network, our brand reputation and our extensive network of offices and agents around the world," Bintner added.

Spouses who would like more information on Operation RE/MAX should contact the spouse employment office or family center at their military installation.

They also can log on to [www.military.com/spouse](http://www.military.com/spouse) or send e-mail inquiries to [operationremax@remax.net](mailto:operationremax@remax.net).



## eCYBERMISSION science, math and technology competition announces registration period

eCYBERMISSION

**WASHINGTON, D.C.** — Registration for eCYBERMISSION, the U.S. Army's free, Web-based science, math and technology competition open to sixth- through ninth-grade students throughout the United States and U.S. schools abroad, will begin Sept. 1 and run through Dec. 12.

In its first four years, the competition has attracted students whose curiosity, creativity and dedication have in turn attracted the attention of Bill Gates, chairman of Microsoft Corporation. In a videotaped address prepared especially for 2005-2006 national finalists, Gates challenged the students to continue their pursuits of science, math and technology.

"Your experience with eCYBERMISSION is just the beginning," said Gates. "I urge you to continue to stay focused, to think outside of the box, to ask yourself 'how does this work,' 'how can I solve this problem,' or 'how can I make this technology better?'"

Gates envisions that students, such as those competing in the eCYBERMISSION competition, can make a difference through creating opportunities and innovations in technology and serving as leaders in the future of our nation.

"The United States has long been the world's center for innovation in science and technology, but our continued prosperity, as a nation, will depend on whether we can produce a new generation that has the skills to create tomorrow's technology breakthroughs," Gates said.

This year, the U.S. Army is expecting continued growth of the competition. "This competition cycle marks the fifth year of a program dedicated to increasing the number of American students interested in pursuing science, math and technology careers," said Michael Doyle, U.S. Army eCYBERMISSION program manager. "More than 6,000 students from across the nation participated in last year's competition and we expect higher numbers this coming year. Registering for the competition is done via the eCYBERMISSION Web site at [www.ecybermission.com](http://www.ecybermission.com)."

eCYBERMISSION participants discover the scientific method and its application in the real world. Teams of three or four students identify a problem in their community, formulate a hypothesis and conduct research and experiments in one of four competition categories. Students then collect and organize their data, interpret the results and submit an on-line "mission folder" documenting the process.

Students competing in eCYBERMISSION have

the opportunity to win up to \$8,000 in U.S. EE Savings Bonds. Sixteen teams will be chosen as Regional First Place winners with each student being awarded \$3,000 in EE Savings Bonds, as well as an all-expense-paid trip to Washington, D.C., for the National Judging and Educational Event. Four National First Place Winners will be chosen from these 16 teams, and awarded additional \$5,000 in EE Savings Bonds per student.

Students not advancing to the national competition, but who submit mission folders that show a grasp of science and its application to a real community problem, may compete for one of the 16 Regional Second Place Awards of \$3,000 in EE Savings Bonds or one of the 64 Regional Criteria Awards of \$2,000 in EE Savings Bonds for each student on the team.

Through eCYBERMISSION, the U.S. Army has awarded more than \$3.5 million in prize money in support of the science, math and technology leaders of tomorrow. Since its inception five years ago, more than 25,000 students from across the country and in U.S. territories and Department of Defense Education Activity schools worldwide have participated in the competition.

For more information visit [www.ecybermission.com](http://www.ecybermission.com) or call (866) GO-CYBER.

# Community briefs

## Miscellaneous

### Qwest Military Appreciation Day at Coors

**Field** — The Colorado Rockies and Qwest present Qwest Military Day at Coors Field Sept. 28. Game time is 1:05 p.m. The Rockies host the Los Angeles Dodgers in the final home game of the season. Pregame festivities include a parade, flyover, national anthem, color guard presentation and ceremonial first pitch — all performed by military personnel and veterans. Commemorative dog tags will be handed out to the first 5,000 fans, compliments of America Supports You. Uniformed service members and veterans will receive complimentary tickets and may participate in the pregame parade. Family and friends' tickets are \$6 each.

To order tickets call (303) 312-2486, fax orders to (303) 312-2219 or e-mail [dicroceb@colorado-rockies.com](mailto:dicroceb@colorado-rockies.com). Tickets may be picked up in person Sept. 28 at the ticket windows at Coors Field. Orders received by Sept. 15 will be mailed. Photo identification is required when picking up tickets.

**AFAP conference training** — The Army Family Action Plan is just around the corner and delegates are needed. AFAP provides the opportunity for community members to identify quality of life issues that affect Soldiers and families. This year's conference will be held at the Elkhorn Conference Center Nov. 7-8. Issues boxes are available at Army Community Service, the Family Connection and other locations on post. For more information call Nancy Montville or Theresa Coleman at 526-4590.

### America Supports You Freedom Walk

Each year since the terrorist attacks on Sept. 11, 2001, the Department of Defense has organized a commemoration for victims, survivors and their families, and has recognized military men and women who serve the nation.

Locally, Beacon of Hope Outreach Center, a nonprofit organization in Denver, has been asked by the Pentagon to host the Colorado Hope/America Supports You Freedom Walk Sept. 9.

The walk will begin at 10 a.m. at the future site of the Colorado Freedom Memorial at the northeast corner of Alameda Drive and Airport Boulevard. The tribute will begin at about 2 p.m. at the Aurora Municipal Center located at the corner of Alameda Drive and Chambers Road.

Registration is required to participate and must be accomplished by Sept. 9. Visit the Web site at [www.bhoc.us/index\\_Freedom\\_Walk.htm](http://www.bhoc.us/index_Freedom_Walk.htm) for more information or to register.

**Teen Scene** — Evans Army Community Hospital hosts a program for teenage mothers and moms-to-be the second Wednesday of each month in the third floor conference room. For more information call Rhonda Tulensa at 526-7030 or Carissa Sullivan at 526-7090.

**AAFES hosts pet show** — The Fort Carson Main Post Exchange will host its semi-annual pet show Sept. 9 from 9 a.m.-1 p.m. For more information check with the PX.

**Cinema at the Ballpark** — Security Service Federal Credit Union hosts Cinema at the Ballpark Saturday at Security Service Field, 4385 Tutt Blvd., 30 minutes after sunset (about 8 p.m.). Gates and concessions open at 7 p.m. Free parking is available. Admission is \$1 per person, those 3 and under are free. The movie is "The Sandlot." All funds raised will be donated to The Home Front Cares, Inc., a program that provides support for military families in the Pikes Peak Region that have been impacted by deployment.

**Mark your calendar** — Fort Carson's fifth annual Community Sustainability Conference and Exposition will be held Nov. 8-9. The topic is "Gaining Irreversible Momentum for Regional

Sustainability." An ice breaker will be held Nov. 8, and the conference will be held Nov. 9.

For more information visit the Web site at <http://sems.carson.army.mil>. Register for the conference on the Web site beginning in early September.

**DOL closures** — Due to funding constraints, the following Directorate of Logistics facilities will be closed each Friday through Sept. 30:

- Supply — Storage Activity (bldgs 330, 8000 and vehicle storage); Installation Property Book Office (bldg 330 and 2000); Central Issue Facility, a skeleton crew is available on Friday for individual Soldier emergencies only; Ammunition Supply Point and Ammunition Handling Area, no appointments for turn in or issues will be made on Fridays.

- Transportation — Inbound and Outbound Freight (bldg 330); Central Receiving/Shipping Point (bldg 330); Federal Express shipments (bldg 330); Packing, crating, blocking, bracing and tie-down function (bldg 330); contingency warehouse (bldg 520); hub and spoke operation; deliveries will continue to be made by truck Monday-Thursday.

- Maintenance — The Maintenance Division's PP&C Office will be minimally staffed on Fridays. For more information call 526-3619.

**Prevention of hantavirus urged** — The recent death of a man camping in El Paso county is a reminder of the threat hantavirus poses to the region's residents. Hantavirus is a serious viral illness caused when people breathe in the dried urine, feces or saliva of infected deer mice. Deer mice and hantavirus are common in El Paso county. Some steps to avoid coming into contact with the virus include:

- Rodent-proof homes and buildings to keep mice out.
- Eliminate rodent food supplies and hiding places.
- When cleaning rodent-infested structures use special precautions such as airing out rodent-infested buildings or areas at least 30 minutes before cleaning.
- Do not sweep or dry vacuum rodent contaminated surfaces.
- Use a solution of household bleach (one cup per gallon of water) to disinfect area. Wear disposable gloves and mask when cleaning.
- When camping or sleeping outdoors, avoid sleeping near rodent droppings or burrows. Sleep in tents with floors, above ground or on a ground cloth.

For more information visit the Web site at [www.elpasocountyhealth.org](http://www.elpasocountyhealth.org) or call 578-3199.

**Hypertension class** — Do you have high blood pressure? Do you want to lower your risk of heart disease? A hypertension class is presented every other Thursday from 10:30 a.m.-12:30 p.m. in the Mountain Post Wellness Center, bldg 1526.

To register or for more information call 526-7022. The class is presented by Disease Management and Nutrition Care.

**Post Traumatic Stress help** — "LZ Calvary" is a small group Bible study and support group for veterans experiencing the effects of post traumatic stress disorder. Join a group of veterans who are experienced in combat-related problems and who have successfully dealt with the memories and effects of combat as we work through PTSD-related problems through the study of God's word, fellowship and group discussion. Meetings are held Mondays at 10 a.m. at Grace Brethren Church, 2975 Jet Wing Dr.

Call Robert P. Schaffer at 390-8096 or 510-6009 for more information.

**Alcoholics Anonymous** — Alcoholics Anonymous meetings are held at Veterans Chapel Wednesdays at 6 p.m. For more information call 322-9766.



**Army Community Service**  
Family Readiness Center, Bldg 152  
TEL: (719) 526-4590



**CARSON CARES**  
*An Orientation for Newly Arrived Spouses*

"Very informational and useful, great job!"  
— Tracy Gregoire

"Great food! I felt very cared for and the resources here are unbelievable!"  
— Jim Stewart

"Very impressive program!"  
— Cathy Jones

"It's an orientation that everyone should take. I would highly recommend it!"  
— Maria Morales

**Thursday, September 7 & 21**  
**8:00A.M. to 3:30P.M.**  
**Family Connection, Bldg 1354**

**Tour of Fort Carson**

**Welcome Gift for New Arrivals**

**Various Guest Speakers** (Various Speakers - Army Family Team Building (AFTB), Financial Readiness, TRICARE, Employment Readiness, Exceptional Family Member Program, Family Advocacy, Child & Youth Services, DMWR, Wellness Center, JPPSO (Transportation), Installation Volunteer Program, Housing Office, Mayoral Program, Education Center, Welcome Center, Family Readiness Group's, Altitude Tips, Colorado Springs Information & much more.)

**Lunch and Refreshments Provided**

**Van Tour of Post** (Optional)

**Opportunity to Meet New Friends**

**Free childcare** (Call (719) 524-0151 for reservations and bring shot record)

**To reserve your spot, call (719) 526-1070.**

**West Nile Virus precautions** — Post residents should eliminate mosquito breeding sites on post by removing standing water in ponds, gutters, flower pots, cans, tires and puddles, as well as garden equipment, toys and pool covers. Water in birdbaths and wading pools should be changed weekly.

Dead birds should be reported to Directorate of Environmental Compliance and Management at 526-5141 during duty hours or military police at 526-2333 during nonduty hours.

**Plague watch** — The Directorate of Environmental Compliance and Management issued a plague watch July 20 as a result of excessive prairie dog die-off in several colonies near Butts Army Airfield and to the west along Wilderness Road.

Until further notice, residents are advised to stay clear of the areas around Butts Army Airfield and Wilderness Road.

Plague is a disease transmitted primarily through the bite of infected fleas. Prairie dogs, wood rats and other species of ground squirrels and chipmunks can carry infected fleas. The fleas also move easily from wild animals to domestic pets.

Report dead animal findings to DECAM Pest Control at 526-5141 or the Wildlife Office at 524-5393/5394.

**Claims against the estate** — Those with claims of indebtedness to the estate of Sgt. Reismor Markose, deceased, should contact 1st Lt. Wilson St. Pierre at 526-1316.

# Operations Security and you

by David Carson

*NORAD and U.S. Northern Command*

Operations Security, or OPSEC, has been around a very long time, long before there was a United States. In our history it would be safe to say that Gen. George Washington practiced good OPSEC as did Gen. Ulysses Grant during the Civil War. We are certain that the great generals of World War I and the Korean War also employed OPSEC. But it was during World War II that the expression “Loose Lips Sink Ships” came about.

My father served in World War II, and when I asked him if he had ever heard of OPSEC he said no. But when I asked if he had ever heard “Loose Lips Sink Ships,” he replied “Well yeah, the Army didn’t want us talking about deployments to the locals, because of spies.”

It wasn’t until 1967 that we really came to know OPSEC as it is today. During a 1967 “Purple Dragon” Operations Security assessment of why B-52s “Arc Light” bombing missions were generally unsuccessful, it was discovered that B-52 flight plans from Guam to South Vietnam were being filed with the Saigon Air Route Traffic Control Center in compliance with the rules of International Civil Aviation Organization. As a routine ICAO procedure, Saigon was relaying those B-52 flight plans to its ARTCC counterpart in Hanoi, several hours before the B-52s were over their targets. Countermeasures were quickly

initiated. OPSEC is still used by the military today.

We are involved in a new type of war — a war for information. If an adversary has knowledge (information) regarding your capabilities, interests, intentions, plans or procedures, then he has an opportunity to exploit them. OPSEC is all about identifying, controlling and protecting unclassified but sensitive information by using a five-step process.

- Step 1: Identify critical information. Check your command Critical Information List for those items your commander wants to protect. Units identified for deployment, current alert status and locations are all examples of critical but unclassified information.

- Step 2: Analyze the threat. Who is the foreign country, individual, or group that wants to do you harm? Who is your adversary? What are their goals and objectives?

- Step 3: Analyze vulnerabilities. Look for vulnerabilities that no other traditional security discipline is tasked to find. These could be observable activities that your adversary can use to derive information. Bits and pieces of information that your adversary collects are known as OPSEC indicators. These indicators are your vulnerabilities.

- Step 4: Assess the risk. Risk is the measure of harm that a vulnerability may cause if exploited by an adversary. What is the risk if an adversary gets your information? How does it impact your

mission? What is the impact on lives, facilities and equipment?

- Step 5: Apply countermeasures. Since you can’t totally eliminate the risk, you can do a lot to lessen it. There will always be something you can’t control. The key is, does the benefit of the countermeasure outweigh the cost? Although this is a condensed version of the five-step process, hopefully you can better understand what OPSEC is all about. Not everyone in the command is an OPSEC planner, but we are all OPSEC practitioners. Your command asks that you employ step five in your daily routine. This is nothing new or exciting, but easily applied.

We’ve all heard of weapons of mass destruction. Our problem is the weapons of mass discussion in our daily lives. Telephones, cellular phones, Blackberry devices, e-mail, fax machines and copy machines, are all items of convenience, things that make life easier for us — things that can get us in trouble if not used properly.

Telephones — when talking on an unsecured line, do not try and talk around the subject (if classified). Utilize a Secure Telephone Unit or Secure Telephone Equipment and go secure. In 1200 B.C., Sampson slew 1,000 Philistines with the jawbone of an ass.

In the 21st century national security is jeopardized by the same weapon. Loose lips really do sink ships.



## OPSEC

From Page 14

Unclassified e-mail — Make certain you aren't sending classified data or anything off of the Critical Information List. Double-check the whole e-mail including attachments. Remember to check the notes page of the PowerPoint slides (if used).

Cell phones, like Blackberry devices, have much vulnerability. It is easy to activate the microphone of a cell phone or Blackberry even when the power is off. Hackers have found ways to "get in" a Blackberry and retrieve information without the owner knowing. And how well do you trust your service provider? Do you know what your vulnerabilities are?

Fax machines — check the facts before sending the fax. Check each page before you hit that send button.

Copy machines — if you want to make copies of a classified document, is your copier cleared for classified?

Identification badges —

You only need to wear the badge in the area that requires it. The local Wal-Mart, the post exchange and commissary do not require it. Secure your badge when exiting the building that required it. Do not hang it from your rear view mirror or leave it unattended. Badges are easily copied.

Trash — what are you throwing away? One man's trash is another man's treasure. Try to shred all paper.

Shredders — better shred than read. Many units have a policy requiring personnel to shred all documents containing sensitive information.

Visitors — be aware of visitors in your area at work. Do they have a need to know? Just because a person has a badge does not mean he or she has a clearance or a need to know.

Public Web sites — put yourself in the adversary's shoes. What have you posted to the Web site that may be useful to an adversary? Remember how bits and pieces of information can add up.

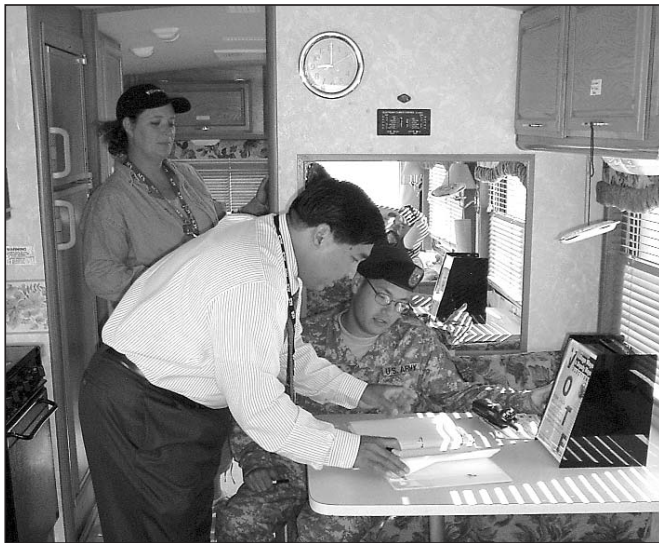


Photo by Michael J. Pach

## Casting votes

*Sp. Billy Talley, seated, casts his vote for mayor of Pawnee Village with the help of Community Volunteer Mayoral Program Manager Joey Bautista, in the Directorate of Morale, Welfare and Recreation recreational vehicle while incumbent Pawnee Village Mayor Margie Adams looks on. Mayoral elections were held Wednesday and Thursday. Results will be posted in the Army Community Service section of the Fort Carson Web site after the ballots have been counted. Functions of the village mayors include ensuring a high quality of life for residents and serving as the liaison between post residents and commanders.*

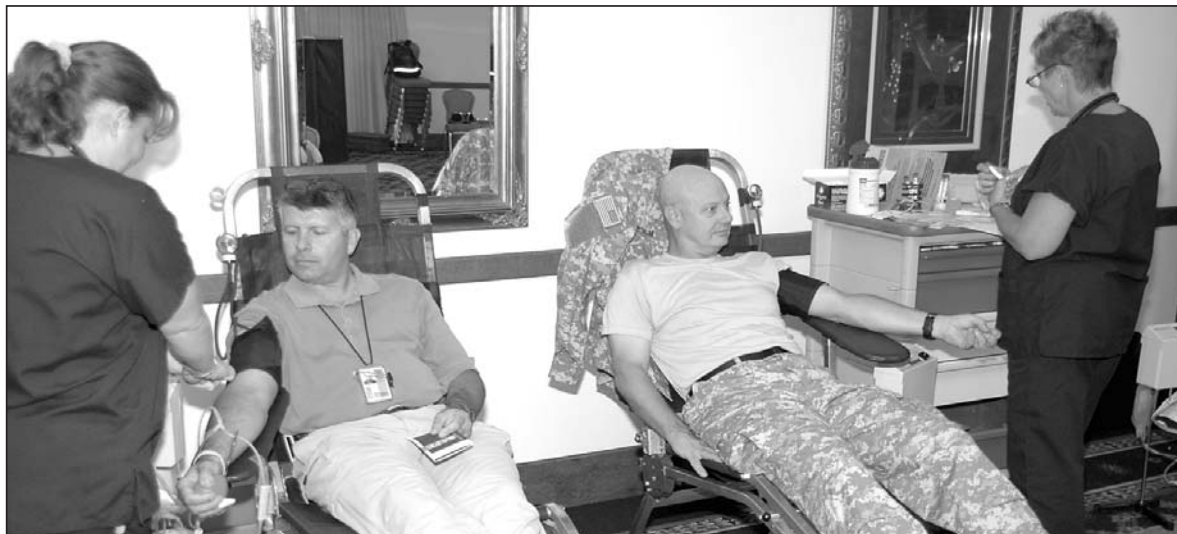


Photo by Master Sgt. Dennis E. Beebe

## Post hosts blood drive at Elkhorn

*From left, Shelly LaSavio, Bonfils Blood Center; Frank Gearheart, Northrop-Grumman Battle Command Training Center; Maj. J.G. Byrum, U.S. Army Garrison; and Donna Cooter from Bonfils are shown during a blood drive at the Elkhorn Conference Center Aug. 17. Because there is a traditional decline in the blood supply every summer due to vacations, travel and other summer activities, Bonfils works diligently to maintain the blood supply during these times. Bonfils is one of three blood supply centers in America that provides*

*blood to the military. While the military collects its own blood and relies foremost for that to use for its troops, Bonfils fills part of the needs of the military by setting up periodic blood collection drives. The next drive at the Elkhorn Conference Center will be Oct. 19, but there will be a special drive set at the post exchange parking lot in the mobile collection vehicle from noon-4 p.m. Sept. 10. Donors through Sept. 9 receive a Bonfils license plate holder and a cling car sticker in appreciation.*

# Is fear a factor for you?

by **Lorrie Pies**

*Army chaplain spouse*

*"Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid."*

— John 14:27

Ever cringe when you see the wild and crazy acts people do on the show called "Fear Factor"? Some of it is gross, some unbelievable and some downright stupid. In spite of all of that, it is clear that fear can be temporary.

For those spouses enduring a deployment marathon, often fear is not temporary. It can be an unwanted emotion that is carried unknowingly

like a stray animal appearing and disappearing throughout the time of separation.

If ever there is a time to take this verse to the very core of our souls it is now. It is becoming a very troubling time in our world with the crisis looming large in the Middle East. It is fearful to know that someone we love very much is in a situation exploding before our very eyes.

Tim Lahaye, in a book called "The Spirit-Controlled Temperament," told about a former pastor, Joseph Fort Newton, who summarized thousands of letters written to him in response to an article in a newspaper feature titled "Everyday Living." He said, "The first thing that these letters show is that Private Enemy No. 1 in human life is neither sin nor sorrow: it is fear."

Fear can be like a paralyzing bite from a venomous snake. Once bitten, we succumb to anxiety, worry, depression, doubts and the list goes on. Fear can affect us in our physical health when we internalize it. It reappears through physical ailments such as high blood pressure, heart trouble and stroke.

We are told in the scriptures that "in this world we will have trouble." Many spouses of deployed Soldiers now know what I am talking about. Every time our spouses are deployed there is no end of trouble that comes our way as "single" parents, owners of homes, cars and family relationships. This we know, and usually navigate through these issues well.

It is a very different fear to experience when we can do nothing to change a situation that is looming in a land far from home and those we know and love are in the thick of it. So how do we react to the developments that come our way?

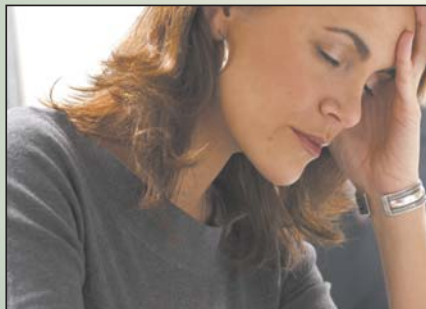
First, admit that these situations are beyond our control. Fear pervades us when we realize that we cannot change or manipulate the circumstances to fit our own thinking.

Second, realize that God is in control. He knows exactly what is going on and He has not forgotten those who are in a difficult situation. Say it aloud to keep fear at bay. Go on say it, "God is in control!"

Third, continually pray and lift those in harm's way up to our Lord for safety and protection. As we pray for them, ask God to give you insight to pray specifically for the names of those you know. Ask Him to guard and hedge them in with His protection and guardian angels. Ask Him to give wisdom to fight a good battle and be aware of their fellow Soldiers and their needs.

Fourth, memorize John 14:27 and ask God to give you His peace. Ask Him to keep you from being afraid. Ask Him to remind you of His peace when anxious thoughts come from the news media or from others.

God will lovingly give you the peace that only He can give during tough deployment days. God will give you exceedingly more than what you ask or imagine. He is in control, do not be afraid. Go in peace!



## Chapel

**Catholic religious education** — The Catholic Religious Education process will begin Sept. 10. Registration is ongoing at Soldiers' Memorial Chapel.

**Protestant Sunday school** — "Where Kids Dare to Live Their Faith" classes for all ages begin Sept. 10. Registration is in progress at Soldiers' Memorial Chapel. This year's program is musical, energetic and fast-paced. Two adult Bible studies are also being offered.

**PWOC** — Protestant Women of the Chapel meets Tuesdays from 9-11:30 a.m. at Soldiers' Memorial Chapel. Fall studies begin in September with several topics to choose from.

Child care is provided free at the hourly daycare center. Children must be registered at Child and Youth Services. Call Amy West at 393-1390 for child care information.

For details on PWOC contact Barb Styles at 598-0422.

**AWANA** — AWANA teaches children that God is real and that He loves them. AWANA clubs give children clear guidance in a world full of conflicting messages.

The Fort Carson AWANA Club meets Thursday at Soldiers' Memorial Chapel from 5-7 p.m. beginning Sept. 7. Registration for this year's club is taking place until Aug. 31. Pick up and drop off registration forms at Soldiers' Memorial Chapel.

Adult and teen volunteers are needed to assist the AWANA Club. For more information call Stacy Chapman at 382-3970.

## Chapel Schedule

### ROMAN CATHOLIC

Day	Time	Service	Chapel	Location	Contact Person
Mon., Wed., Fri.	noon	Mass	Healer	Evans Army Hospital	Fr. Gagliardo/526-7412
Tues., Thurs.	noon	Mass	Soldiers'	Nelson & Martinez	Chap. Goellen/526-5769
Saturday	5 p.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Goellen/526-5769
Sunday	9:15 a.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Goellen/526-5769
Sunday	10:30 a.m.	CRE	Soldiers'	Nelson & Martinez	Pat Treacy/524-2458
Sunday	11 a.m.	Mass	Healer	Evans Army Hospital	Fr. Gagliardo/526-7412
Sunday	11 a.m.	Mass	Provider	Barkeley & Ellis	Chap. Goellen/526-5769
Tuesday	7 p.m.	RCIA	Soldiers'	Nelson & Martinez	Pat Treacy/524-2458
Saturday	4 p.m.	Reconciliation	Soldiers'	Nelson & Martinez	Chap. Goellen/526-5769

### PROTESTANT

Sunday	9 a.m.	Protestant	Healer	Evans Army Hospital	Chap. Cartee/526-7387
Sunday	9 a.m.	Protestant	Provider	Barkeley & Ellis	Chap. Meeker/526-3711
Sunday	11 a.m.	Protestant	Soldiers'	Nelson & Martinez	Chap. Deppmeir/526-8011
Sunday	11 a.m.	Prot./Gospel	Prussman	Barkeley & Prussman	Chap. Borden/526-4206
Sunday	9:30 a.m.	Sun. School	Prussman	Barkeley & Prussman	Chap. Borden/526-4206
Sunday	9:30 a.m.	Sun. School	Soldiers'	Nelson & Martinez	Dr. Schreck/526-5626
Tuesday	9 a.m.	PWOC	Soldiers'	Nelson & Martinez	Chap. Deppmeir/526-8011
Sunday	11 a.m.	Contemporary	Veterans'	Magrath & Titus	Chap. Zusi/526-8890
Tuesday	7 p.m.	PYOC	Soldiers'	Nelson & Martinez	Ms. Schreck/231-9511
Sunday	9 a.m.	Samoa	Veterans'	Titus	Chap. Pies/526-3888

### JEWISH

For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636.

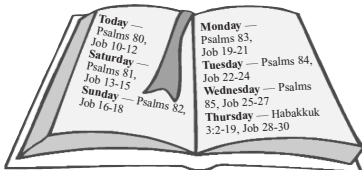
### WICCA

Monday	6:30 p.m.	bldg 4800, corner of Harr and O'Connell	Rhonda Helfrich/338-9464
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### NATIVE AMERICAN SWEATLODGE

Native American Sweatlodge ceremonies (He Ska Akicita Inipi) are offered to military dependents and Department of Defense personnel for traditional prayer and purification. Fasting before the ceremony is recommended and refreshments are offered following the ceremony. Please call the following for information and directions: Michael Dunning 382-5331 or 330-9537, or Zoe Goodblanket 442-0929.

**Daily Bible readings:** To assist in regular scripture reading, the following scriptures are recommended. These scriptures are part of the common daily lectionary, which is designed to present the entire Bible over a three-year cycle.



**The Army Cycle of Prayer** — Please pray this week for the following:

**Unit:** For the Soldiers and leaders of the 82nd Airborne Division headquartered at Fort Bragg, N.C., and its units forward deployed throughout the world.

**Army:** For Lt. Gen. Michael D. Rochelle, the G-1, and the military personnel and civilian staff who work in the Office of the Deputy Chief of Staff for Personnel.

**State:** For the Soldiers and families from the state of Iowa. Pray also for Gov. Mitch

Daniels, the state legislators and local officials of the Hoosier State.

**Nation:** For the Secretary of the Army Francis J. Harvey. Pray for his staff in its mission to improve the quality of life for people, strengthening the Army's readiness to prevail in every mission, and making the transformation of the Army a reality.

**Religious:** For those who have no community of faith in which to worship.

For more information on the Cycle of Prayer, visit the Web site at [www.usarmychaplain.com](http://www.usarmychaplain.com)



# Farewell 7th ID



Photo by Neil Lampe

From left, Paul Grell, Doug Iler and Calvin Comeau of Adko Signs, Inc., replace lettering at Gate Four in preparation for unit changes.



Photo by Neil Lampe

David Rodriguez straps down a piece of the dismantled 7th Infantry Division insignia at Pershing Field Aug. 17, with help from Mario Herrera.



Courtesy photo

"Airrang," a Korean folksong, was adopted as the official marching song of the 7th ID on May 26, 1956.



Photo by Sgt. Clint Stein

Command Sgt. Maj. Terrance McWilliams, Division West, First United States Army and Fort Carson command sergeant major, right, passes the 7th Infantry Division colors to Maj. Gen. Robert W. Mixon Jr., commanding general of Division West, First United States Army and Fort Carson, for casing during the 7th Infantry Division inactivation ceremony Tuesday at Manhart Field.



Photo U.S. Army Signal Corps

The artist's rendering shows the 7th ID patch with the helmet, rifle and boots of the Soldiers of World War II and the Korean War.



Photo U.S. Army Signal Corps

The 7th ID was first activated for World War I and saw action in France.



Photo U.S. Army Signal Corps

During World War II, the 7th ID was integral in the invasion of many of the Pacific Islands, fighting side-by-side with the U.S. Marines in many cases.



Photo U.S. Army Signal Corps

During the Korean War, the 7th ID saw action in many heated battles.

Layout by Jeanne Mazerall

# Welcome Division West

Fort Carson Public Affairs Office

On June 4, 1999, Fort Carson broke ground with the creation of the first Active Component/Reserve Component division in the U.S. Army. The 7th Infantry Division was reactivated here and for seven years has guided training for its three Army National Guard brigades: the 39th Brigade Combat Team of the Arkansas National Guard; the 41st Brigade Combat Team of the Oregon National Guard; and the 45th Brigade Combat Team of the Oklahoma National Guard. In a ceremony on Manhart Field Tuesday, the 7th Infantry Division officially transformed into Training Support Division West, First U.S. Army.

While the 7th ID cased its colors again, instead of its mission going away, the mission has expanded. Division West will have the oversight of training and mobilization of Reserve and National Guard units west of the Mississippi River, except those in Minnesota, which encompasses 21 states.

"Today, four of every 10 Soldiers in Iraq are trained by First Army," said Lt. Gen. Russel L. Honoré, commanding general of First United States Army. Honoré explained that the role of training, mobilizing and caring for troops will be bigger than ever before as the Global War on Terror continues.

Division West will be commanded by Maj. Gen. Robert W. Mixon Jr.

"The 7th Infantry Division's legend and legacy will live on," said Lt. Gen. Charles C. Campbell, deputy commanding general/chief of staff, United States Army Forces Command and the reviewing officer for today's ceremony. Despite the colors being cased, Campbell said the unit's legend and legacy live on in the Soldiers who continue to serve.

"The Soldiers of the 7th Infantry Division have always rendered splendid service ... prominently in the forefront

of honoring our nation," said Campbell.

The 7th ID has had a proud history. The division was created on Dec. 6, 1917, in Camp Wheeler, Ga., to support the U.S. war effort in World War I. It was deployed to France and fought in the Lorraine Campaign in 1918 and served with occupation duty in France until November 1919. On March 24, 1923, the unit was deactivated at Camp Meade, Md.

On July 1, 1940, the 7th ID was reactivated at Camp Ord, Calif., and served throughout California as emergency defense. On April 9, 1942, the unit was redesignated as the 7th Motorized Division Africa and in January of the next year was redesignated the 7th Infantry Division.

During World War II, the unit secured the Aleutian Islands and the Marshalls, as well as fighting in the Philippines and Okinawa.

Following the war, the 7th Infantry Division was on occupation duty in Korea until the Korean War broke out.

During the Korean War, the "Bayonet Division" saw action in both North and South Korea, being involved with the Inchon landing, Faith Task Force, the Chechon-Tanyang-Chungju area, the Kumwha Valley and Porkchop Hill as well as other important battles. Following the war, it remained in South Korea for defense duty.

The unit returned to the United States for inactivation at Fort Lewis, Wash., on April 2, 1971. On Oct. 21, 1974, the 7th ID was reactivated again at Fort Ord, and was deployed in support of Operation Golden Pheasant in Honduras in 1988 and Operation Just Cause in Panama in 1989.

The unit was inactivated June 15, 1994, at Fort Ord, and remained inactive until 1999.

**Editor's note:** Read upcoming editions of the Mountaineer for more on Division West.



Photo by Sgt. Clint Stein

Maj. Gen. Robert W. Mixon Jr., commanding general of Division West, First United States Army and Fort Carson, right, receives the new Division West colors from Lt. Gen. Russel L. Honoré, commanding general, First United States Army, after the colors were uncased during the activation ceremony Tuesday.

# Free, reduced lunch program available

by **Nel Lampe**

*Mountaineer staff*

Breakfast is the most important meal of the day, according to a lot of moms and many nutritionists.

Children who eat breakfast do better in school and are more likely to participate in physical activities, according to the Web site [Kidshealth.org](http://Kidshealth.org).

Do some students leave home without breakfast?

It happens.

Public schools typically serve breakfast as well as lunch to students.

And as part of the National School Lunch Program, low cost or free lunches, nutritionally balanced, are served to students who qualify. The program was established under the National School Lunch Act, signed by President Harry Truman in 1946.

The program is aimed at providing nutritious, well-balanced meals for children, to promote sound eating habits, to foster good health and academic achievement and to reinforce

the nutrition education taught in the classroom.

In Fountain School District Eight, including

schools on Fort Carson, breakfast costs elementary students 60 cents; secondary students 85 cents. An elementary student pays \$1.50 for lunch, and secondary students pay \$1.75.

But some students may qualify for free meals or reduced price meals, which are 30 cents for breakfast and 40 cents for lunch.

Who is eligible for free or reduced price meals? Children who are in households that receive food stamps are eligible for free meals. Most foster children are also eligible for free meals.

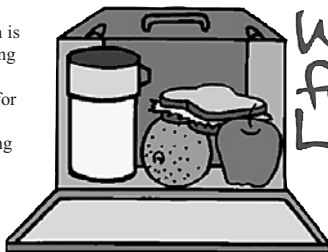
In addition, based on the number of people in a household and the total household income, other families may qualify for free or reduced meals.

The income guidelines are provided by the U.S.

Department of Agriculture, and are based on the U.S. poverty guidelines.

An income chart for 2006-7 is shown in the next column.

Parents whose income and family size qualifies for the free or reduced lunch program must apply for the program at their school. All public schools in the area should have applications available for free and reduced lunch



*What's for Lunch?*



## Income chart

Family size	Annual	Monthly	Weekly
1	\$18,130	\$1,511	\$349
2	\$24,420	\$2,035	\$470
3	\$30,710	\$2,560	\$591
4	\$37,000	\$3,084	\$712
5	\$43,290	\$3,608	\$833
6	\$49,580	\$4,132	\$954
7	\$55,870	\$4,656	\$1,075
8	\$62,160	\$5,180	\$1,196

**For each additional family member add**

\$ 6,290    \$525    \$121

program. For District Eight, applications are available in each school, along with instructions. The applications are processed at District Eight offices.

According to Dawn Marshall, District Eight food service, the application must be totally complete in order to be processed. Processing may take two or three weeks because so many applications are received at the beginning of school.

"Soldiers (who live in post housing) do not have to include housing allowance in their income," Marshall said.

Even if the budget is tight, there's no reason to send children to classes hungry.

# Black Knights step up performance

*Army Athletic Communications*

**WEST POINT, N.Y.** — With preseason camp drawing to a close, Army head coach Bobby Ross couldn't be more pleased with the recent performance of his club.

For three years running, the veteran grid mentor has been stressing to his team the need for consistency in its practice traits. Following Aug. 18 solid scrimmage and strong efforts on Saturday and Monday, Ross believes his Black Knights are finally nearing the mindset he has tried to instill in the squad.

"I liked our Friday scrimmage; I thought we did some good things," Ross stated. "I thought our offense showed some improvement, particularly in two areas. I thought the receiving corps did a very fine job; they had no drops in 38 throws to them. And the other area that I thought we improved in was the offensive line. I thought we showed a lot of improvement there and did a much better job up front. That's a key for us. We've got to be good there. Overall, I was pleased.

"We're starting to practice the way I've been wanting us to practice for three years on a consistent basis," he continued. "We've done it in spots in past years, but now we're starting to understand that it has to be that way every day, and it has been here in the last five or six days. Hopefully that carries over as we continue to go."

One of the most important developments of camps has been the growth and development

of David Pevoto as a legitimate difference-maker at the quarterback spot. The junior native of Colleyville, Texas, has settled in at the position after winning the starting job during spring practice.

"David threw the ball very well today and he is doing all the right things at the line of scrimmage, which is what we're asking him to do," Ross explained. "The other youngsters are also coming along. Right now it looks like the top three will be (Pevoto), Kevin Dunn and then probably the freshman, Carson Williams, who has done a very fine job. (Williams) is just a very poised football player and has a nice (passing) touch. I think all three have made nice progress, although David is clearly the No. 1 guy.

"David's confidence is building daily. He's really stepped up. Confidence is important at the quarterback position. We can tell him things now and he picks them up. He might make a bad play every now and then, but we can tell him something and he will learn from it and move on to the next step."

Taking that next step meant focusing on Arkansas State during Monday's practice, as Ross and his staff introduced the schemes and tendencies of the season's first opponent.

"We went heavy on Arkansas State today," Ross said. "I'm doing things a little bit different from last year. I'm spending a little bit more time on Arkansas State earlier. The main reason is to let our players see what they need to see in preparation for the game."



*David Pevoto is a legitimate difference-maker at the quarterback spot, said Army head coach Bobby Ross.*





Photo by Spc. Stephen Kretsinger

## Carson photographer wins first place

Army Morale, Welfare and Recreation announced that Spc. Stephen Kretsinger, formerly with the Fort Carson Mountaineer, won first place with his photograph "The Eyes," in the monochrome people category in the 2005 All Army Photo Contest sponsored by the Army Community and Family Support Center. Col. Charles T. Sniffin, deputy commander of CFSC, noted that the contest judges were impressed with the scope and variety of Kretsinger's photographs. Pictured is one of his entries of his wife Christie.

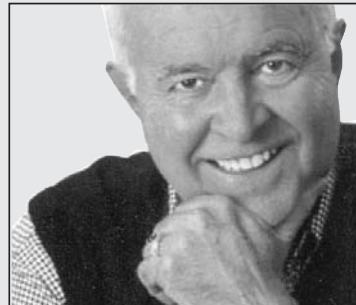
## Free relationship-building seminar set

*Installation Chaplain's Office*

Dr. Gary Smalley, author/co-author of more than 30 best-selling books, popular films and videos will perform a relationship-building seminar titled "I Promise" Sept. 14 at the Special Events Center.

The seminar is free. See unit chaplains or Fort Carson chapels for tickets. A catered lunch and child care are also provided but availability is limited. For child care information call 524-3230.

For details contact Chap. (Capt.) Paul Fritts at 526-5890 or e-mail [paul.fritts@us.army.mil](mailto:paul.fritts@us.army.mil).



**Smalley**



# TRICARE eases long-distance travel to specialists

by Mark Jecker

*TriWest Healthcare Alliance*

When specialty care is not available close to home, TRICARE Prime beneficiaries who are not on active duty may be allowed travel expenses if the care they need is 100 miles or more away.

The Prime travel benefit allows TRICARE Prime beneficiaries to seek reimbursement for reasonable costs, such as mileage, lodging and meals when traveling to medical specialists more than 100 miles each way from their Primary Care Manager's office.

To be eligible, the beneficiary must be referred to the specialist and receive prior authorization from TriWest Healthcare Alliance for any of the following reasons:

- A military treatment facility, network or non-network provider in the required specialty is not available within 100 miles of the referring PCM.
- An appointment with a specialty provider, who is located within 100 miles of the referring PCM, is not available within TRICARE's 28-day waiting-time standard.
- The beneficiary agrees in writing

to travel to a health facility, other than an MTF, offering the specialty care that is farther than 100 miles from the referring PCM.

## ***Save your receipts***

Beneficiaries planning to file claims under the Prime travel benefit are advised to save all receipts for reimbursable expenses such as rental cars, commercial travel tickets, lodging and meals.

Reimbursement may be authorized for the travel expenses of one non-medical attendant — an adult family member or guardian — deemed medically necessary by the PCM.

If referred to a distant specialty provider, the beneficiary will receive a letter from TriWest with instructions to visit or call a designated point of contact at the MTF or the TRICARE Regional Office to determine eligibility and apply for possible travel reimbursement.

Only the POC specified in the letter will determine the beneficiary's eligibility for reimbursement.

Visit [www.triwest.com](http://www.triwest.com) or [www.tricare.osd.mil](http://www.tricare.osd.mil) or call (888) TRIWEST for more information about TRICARE's Prime travel benefit.



2006 FALL FEST

TRAVELING Medicine Show

TURKEY CREEK RANCH

23rd of September  
10 a.m. til 4 p.m.

Hay Rides

Juggling

Target Shooting

Traveling Human Circus

Food & Beverages

Illusionist

Palm Reading

Kids' Crafts

Pony Rides

Music Show

Magic Show

For more information: 526-4494

FREE ADMISSION - nominal charge for some activities

## CRIPPLE CREEK

GETAWAY TRIP

September 23rd

\$10 adult, \$8 child  
(adults 13 yrs. and older, children 12 yrs. and under)

Bus departs at 8am from ODR

For information: 526-5366

WE ARE GOING TO BRECKENRIDGE FOR

# Oktoberfest

Saturday, September 16th

8am - 8pm

Adults \$10, 12 and under, \$8

Event admission is FREE (cost covers transportation)

Bus leaves from ODR, for more information: 526-5366

[www.gobreck.com](http://www.gobreck.com)

The United States Army Community and Family Support Center Presents

# The United States Army Soldier Show

2006

Reveille: Answering The Call

526-4494

An Army Entertainment Production

at&t

NATIONAL GUARD

Time & Date: 7:00 p.m. - Saturday, 30 Sept., and 2:00 p.m. - Sunday, 1 Oct.  
Location: McMahon Theatre - No tickets required. FREE and open to the public.

# Happoennins

## Where gold fever strikes again

Story and photos by Nel Lampe  
Mountaineer staff

The discovery of gold in 1891 brought people and prosperity to Cripple Creek. The district grew from a few dozen people to tens of thousands. At one time, Cripple Creek was the second largest city in Colorado.

Cripple Creek is now a small town, with some leftover Victorian houses and hotels. Business buildings from a century ago house casinos and antique shops.

The Cripple Creek District Museum is housed in the former railroad terminal building.

A unique bit of gold-mining history is the Mollie Kathleen Gold Mine about a mile before Cripple Creek on Highway 67.

The Mollie Kathleen Mine is the only vertical shaft gold mine tour available in the United States, according to Dennis Laning, owner of the mine.

Some tourists think the Mollie Kathleen Gold Mine is the best tourist attraction in the area. It's a popular tour, judging by tour buses in the parking lot and several cars.

Mine tour groups are limited to the number of people who'll fit into the two man-skips (elevator-like conveyances) that take visitors 1,000 feet below ground.

Buy your tickets in the gift shop, then shop around, look at old mining equipment or watch the hitch house operate while waiting for your tour to be called.

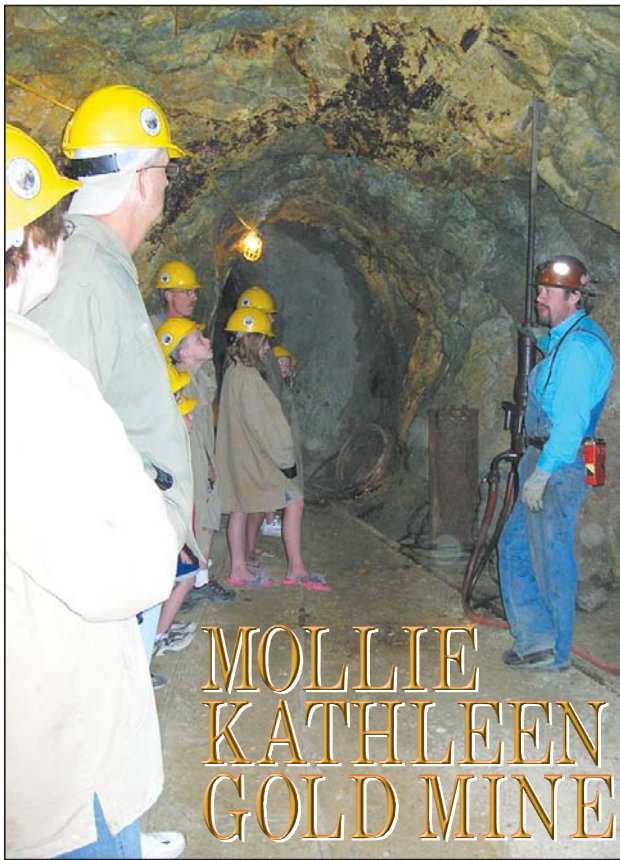
Mine tours have been offered for more than 50 years, but present-day tours are better than ever.

Many of the cross cuts and drifts were narrow and claustrophobic, but in recent years the Mollie Kathleen management made improvements for the mine tour. The drifts and crosscuts were enlarged, giving tour visitors more elbow room. And visitors now get a tram ride while below ground.

The Mollie Kathleen is one of the earliest mines in the district opening in 1891 at the beginning of the gold rush. It's been a working mine ever since.

The Molly Kathleen Mine wasn't claimed by a prospector who searched for gold in the district, but was claimed by a

## MOLLIE KATHLEEN GOLD MINE



Tour groups of 14 people walk through the crosscuts and drifts to explore the working mine, 1,000 feet below the surface.



Each visitor receives a piece of gold ore as a souvenir.

**Left:** The Mollie Kathleen Mine headframe is where the mine tour begins.



People on the Mollie Kathleen Tour learn about the history of gold in the Cripple Creek District at an exhibit 1,000 feet below ground.



Places to see in the Pikes Peak area.

Aug. 25, 2006



## Mine

From Page 29

woman who named it for herself after she accidentally found gold on the spot. It was very unusual for a woman to own a mine in the 1890s. Before she found gold, Mollie Kathleen Gortner and her husband lived in Colorado Springs. Their son, Perry worked in Cripple Creek as a surveyor and earned his living mapping mine claims.

Mollie was visiting her son in Cripple Creek and was walking around the area when she saw an odd looking outcropping of rock. She broke off a piece and saw gold in the rock.

Mollie later staked her claim where she found the outcropping. When she went to register the claim she was told that women couldn't file a claim. It is said that Mollie grabbed the filing papers and hurriedly signed them, thus becoming the first woman in the district to own a mine.

Miners were extremely superstitious, especially about women being in the mines. Mollie had a hard time finding workers who would work for a female mine owner. She finally turned mine operations over to her son so he could hire workers and keep the mine operating. It's said that every time Mollie was on mine property, the miners would go to the surface and wait for her to leave before returning to work.

The Mollie Kathleen Mine became a very successful mine, producing more than \$5 million in gold.

According to Laning, people were always asking to see how the mine operated, and sometimes the miners complied with requests. Tours became so popular that mining was disrupted. The owner decided that tours could be conducted another level while work continued at the 1,000-foot level. Dynamite blasting was done at night so the tourists wouldn't be disturbed. Eventually, all mine work was done at night so daylight hours could be devoted to tours. This continued until the last gold mill in the district closed in 1961.

Although many people believe millions of dollars of gold remain in the rock in the Cripple Creek district, the costs of extracting the ore and shipping it to processing plants is too expensive to be worthwhile.

When gold mining ceased, the Mollie Kathleen didn't close; tours now provide its income.

And tourists continue to come.

Visitors are lowered to a 1,000-foot depth the same way miners were: a man-skip, which is a metal box in which several people are crowded into. Two skips, one above the other, are used to lower a tour group to the mine's starting point.

The skip is hoisted by a one-inch steel cable with a snap test of 65 tons.

The man-skips are lowered at a rate of 500 feet per minute, compared to modern elevators which move at 800 feet per minute.

The hoist is powered by a 75 horsepower drive, backed up by a gasoline Chrysler engine. Visitors can watch the hoist operate in a building near the visitor center.

The mine is still in operable condition, should gold mining again become profitable. In the meantime, thousands of visitors learn firsthand how an underground mine operates. Adult visitors pay \$15, younger visitors pay \$8, for the chance to put on a hard hat and a miner's jacket and enter the cool underground of a mine. A miner/guide takes visitors through the work day of an early miner. Old



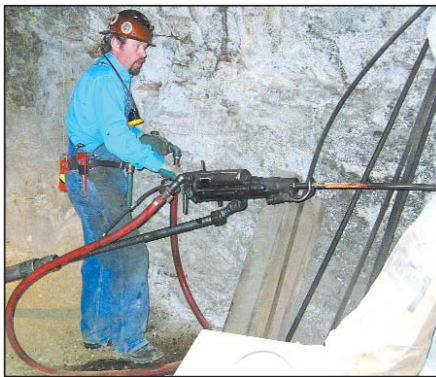
Visitors listen intently as they learn about the work of a hard-rock miner in the 1890s. The tour takes place in the Mollie Kathleen Mine, 1,000 feet below the surface.



At the tour's last stop, each person receives a piece of gold-bearing ore.



Visitors leave the man-skip when returning to the surface after a tour of the Mollie Kathleen Mine.



Left: The tour guide demonstrates mining equipment used by hard-rock miners.

### Just the Facts

- **Travel time:** about an hour
- **For ages:** all
- **Type:** working gold mine
- **Fun factor** ★★★★★  
(Out of 5 stars)
- **Wallet damage:** \$\$\$  
\$ = Less than \$20  
\$\$ = \$21 to \$40  
\$\$\$ = \$41 to \$60  
\$\$\$\$ = \$61 to \$80  
(Based on a family of four)

but working equipment is brought to life so that visitors experience the noise level a hard-rock miner endured. Sometimes, the sound of a distant dynamite blast can be heard.

Each visitor leaves the hour-long tour with a piece of gold-containing ore.

The mine is open for tours daily through October, then on weekends after that. For tour

information, call (719) 689-2466.

A gift shop sells gold jewelry and Colorado and mining souvenirs.

To reach the Mollie Kathleen Mine, take Highway 24 west, through Woodland Park to Divide, turning south on Highway 67.

It's about 18 miles south to the mine, about a mile before reaching Cripple Creek.



# Get Out!

## Colorado State Fair

**The Colorado State Fair at the State Fairgrounds in Pueblo begins today and runs through Sept. 4.** The Colorado State Fair is one of the longest running fairs in the nation and includes a carnival, festive food and the usual array of animal and exhibits. The fair also includes concerts by Rick Springfield, Trapt, Howie Mandel, Blake Shelton, Carrie Underwood, Neil Sedaka, Big and Rich with Cowboy Troy, Los Lonely Boys and REO Speedwagon. Concert tickets range from \$12 to \$30; call 520-9090 or go online at [www.Coloradostatefair.com](http://www.Coloradostatefair.com).

## Shakespeare

**"The Comedy of Errors"** is in the Dusty Loo Bon Vivant Theater, 3955 Cragwood Dr., Wednesdays-Sundays through Sunday. Reserved seats are \$22 for adults and \$15 for children; free general admission tickets are given out one hour before performance time. Call 262-3232 for information or go to [www.uccstheatetworks.com](http://www.uccstheatetworks.com).

## Academy concerts

**The Air Force Academy concert season** includes the Five Browns Sept. 22; "I Can't

Stop Loving You," Oct. 13; The Lettermen's Christmas Show Dec. 1; Bill Engvall Feb. 10, "Wonderful Town" March 3 and Chip Davis and Mannheim Steamroller May 4. Contact the Academy box office at 333-4497 for information. Shows are in Arnold Hall Theater.

## Rockies appreciate military Coors Field has military appreciation

**days at Colorado Rockies games** with the New York Mets in August and the Washington Nationals in September. Call (303) ROCKIES to purchase \$6 tickets, identify yourself as an active military member or veteran and provide the reference number: 741532. There's a \$2.50 service charge and a credit card must be used. This offer is not available at Coors Field ticket windows. See the post Web site, [www.carson.army.mil](http://www.carson.army.mil) for more information.

## Sky Sox hosts military Sundays

**Sky Sox Baseball Club honors troops with military Sundays.** All military and Department of Defense families get 50 percent off Sunday home game tickets at the box office. The next Sunday game is Sept. 3 vs. Sacramento River Cats. Go to [www.skysox.com](http://www.skysox.com) for information. The stadium is near Powers Boulevard and Barnes Road.

## Labor Day activities

**The 30th annual Balloon Classic is in Memorial Park Sept. 2-4.** The fest begins before dawn each morning as nearly 100

balloons are inflated and lift off from the park. There's also entertainment, food and activities and a Balloon Glo Saturday and Sunday evenings. No parking in Memorial Park — find a place on the streets surrounding Memorial Park.

**The neighboring community of Fountain hosts a street fest Sept. 3-4.** There's a "Dollars for Scholars" pancake breakfast at Fountain Middle School, 515 N. Santa Fe from 7-9:30 a.m., adults are \$5, children under 11 are \$3. Sept. 4 there's a barbecue supper and dance, beginning at 5 p.m., with live music from 7-10 p.m. Adults are \$5, children under 10 are \$3. Sept. 4 begins with a parade at 10 a.m. and is followed by a crafts fair and entertainment from 11 a.m.-5 p.m. in Metcalfe Park. There's a special children's games area.

**One of Denver's largest fests is Sept. 2-4 in Denver.** The admission is free and entertainment is a big part of the fest. Several stages are available throughout the fest, and food vendors from lots of Denver restaurants will be on hand. The fest is in Denver's Civic Park. Hours are 11:30 a.m.-10 p.m. Sept. 2; 10 a.m.-10 p.m. Sept. 3-4 and 10:30 a.m.-8 p.m. Sept. 4.

**Commonwheel Art Fest in Memorial Park in Manitou Springs** is Sept. 2-4, from 10 a.m.-6 p.m. For 32 years this fest has been a Labor Day staple, with art, entertainment, children's art activities and food. There's no entry fee.

## Uncle Wilber's Fountain

*The fountain is nearing the end of the season. Uncle Wilber performs from the end of May through the beginning of September at the top of each hour, Sunday-Thursday, 11 a.m.-7 p.m. Friday and Saturday, 10 a.m.-9 p.m. The fountain is in downtown Colorado Springs, at the corner of Bijou and Tejon streets, in Acacia Park. Use the city parking garage at Bijou and Cascade.*



Photo by Nel Lampe

## Buster's Baghdad

by Maj. James D. Crabtree

TODAY, AN IED HIT US WHILE WE WERE DOING OUR REGULAR 0900 PATROL. IT WENT OFF RIGHT WHEN WE REACHED THE TIKRIT ROAD. NO ONE GOT HURT, BUT IT WOULD HAVE BEEN DIFFERENT IF THE BOMB WAS BIGGER.

ACHMED! DOUBLE THE EXPLOSIVES IN THAT NEXT BOMB... AND MAKE SURE IT'S READY BY 9 A.M.!



# SPORTS & LEISURE

## Infantry Division wins intramural title



7th Infantry Division's third baseman prepares to fire the ball to first base to record an out during action Monday at the Mountain Post Sports Complex.

**Story and photos by  
Walt Johnson**

*Mountaineer staff*

It's said that the third time is the charm in most situations and the 7th Infantry Division softball team will bear witness that there could be some truth to that saying.

After finishing second in the past two years the 7th Infantry Division used its outstanding defense and athletic ability to earn a 9-8 victory over Alpha Company, 2nd Special Troop Battalion to win the 2006 Fort Carson softball championship.

The 7th ID team won the American League championship by pounding the 1st Mobilization Brigade 22-0 to advance to the championship game. Alpha Company defeated 2nd Battalion 4th Infantry Division 18-3 to advance to the title game.

The STB team came into the championship game confident it had the one thing necessary to beat back the 7th ID team: consistent offense. In fact, its coach, Greg French,

thought before the game that would be the key to his team's chances to win the game.

"We beat this team a couple of weeks ago so we know how to beat them. Its going to take some consistent clutch hitting to win this game, but I feel we have the kind of team that can beat them, so we are confident and ready to play them," French said.

The 7th ID team knew it was in for a battle. Its coach, William Lenoff, told his team what the game plan had to be if they were going to defeat the STB team and not finish second for a third consecutive year during his pre-game talk.

"It begins with our defense and no matter what they score, we have to understand that we need to keep the pressure on them all game. We did a good job in the last game of hitting the ball and playing good defense and we need to continue that in this game," Lenoff said.

The game began with both teams being a little tight

See **Champs** on Page 38

## Mountaineer Varsity Sports



Photo by Walt Johnson

### Flames Fall

Colorado Springs Flames' runner Corey Wright blasts into the end zone to score the first touchdown of the game Saturday at 5 Star Stadium in Thornton. The Flames lost a heart-breaking game 31-17 to the Denver Titans in the Colorado Football Conference championship game.

## ***On the Bench***

### **World Class Athlete Program commander to retire Tuesday**

**by Walt Johnson**  
*Mountaineer staff*

**Maj. Michael Hagen, World Class Athlete Program commander, will retire from the Army Tuesday.**

Hagen will relinquish command of the unit to Capt. Dominick Black in a ceremony at 10 a.m. at the WCAP facility on post.

Hagen has been a wonderful friend to this reporter and the Mountain Post community and has helped the program continue on a path of excellence that has seen many of its members competing for berths on America's Olympic teams. Good luck in your retirement and thanks for all you did.

**The second annual "AnySoldier.com" Golf Tournament will be held** today at the post's Cheyenne Shadows Golf Course.

The AnySoldier tournament is a charity event that is designed

to raise funds to put together care packages for the service men and women in Afghanistan and Iraq. The cost for the tournament is \$55 per golfer, which includes green fees, cart with Global Positioning System, range balls, a barbecue lunch and door prizes. Prizes include a Hyundai Sonata for any golfer that gets a hole-in-one, and two round-trip airfares on Allegiant Air and Frontier Airlines.

For more information contact Linda Marsh at 590-7984 or [john\\_marshall\\_ctr@peterson.af.mil](mailto:john_marshall_ctr@peterson.af.mil) for more information.

**The Colorado Rockies are celebrating the next military appreciation day at Coors Field Tuesday through Thursday, when it hosts the New York Mets at 7:05 p.m.**

The Rockies are offering discount tickets in the outfield box, pavilion or upper reserved infield seating area for just \$6



Photo by Walt Johnson

## **Make the pass**

*Fort Carson's Sade Harrison makes a pass during a scrimmage against members of the men's varsity team Aug. 18 at the Mountain Post's Special Events Center. The women's team is still looking for players. Contact Bill Reed at 524-1163 for more information.*





Photo by Walt Johnson

## Thank you

*Lamont Spencer, left, intramural sports director, and Joe Lujan, assistant intramural sports director, right, present Verna Fielder with an appreciation plaque for providing outstanding food service support to the intramural program this past softball season.*

## Bench

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per ticket. In order to get the tickets call 762-5437 and say you are calling for the military appreciation days tickets.

These tickets will not be available at the stadium ticket windows. You must state that you are an active member of the United States Military or a military veteran and provide reference number 741532.

There will be only one more chance to take advantage of this event when the Rockies will host the Washington Nationals Sept. 7-10.

**The post women's basketball team has begun practice and is looking for players for the upcoming season.**

Any active duty women interested in playing for the post team should come to practice sessions each Monday and Tuesday at 6 p.m. at the Special Events Center. Coach Stephanie Timmons said this will be one of the most exciting years for the post team with a lot of high level games against some of the region's best teams. For more information on the varsity women's program call Bill Reed at 524-1163.

**The post running team is looking for runners to help form this year's squad.**

The team trains year-round in order to compete in local and national races. Any runner interested in being a part of the team should show up at the center at 6 a.m. on Tuesday, Wednesday and Thursday at the Special Events Center.

The team is looking for runners in the open men's, open women's, masters and open mixed team categories. For more information on the post running team contact Martin Wennblom at 330-0554 or Bill Reed at 524-1163.

## ***Mountaineer High School Sports***

### **Trojans open season**

*Members of the Fountain-Fort Carson Trojans football team run on the field for drills recently at Fountain-Fort Carson High School. The Trojans will begin the season today when it hosts the Mesa Ridge Grizzlies in an exhibition game at 7 p.m. The Trojans September schedule is:*

*Sept. 1 at Cañon City*  
*Sept. 8 vs. Rampart*  
*Sept. 16 at Mitchell*  
*Sept. 22 vs.*  
*Pine Creek*  
*Sept. 29 at Widefield.*





*Amber Flores drives the ball during Monday's coed championship game at the Mountain Post Sports Complex.*

## WCAP wins coed championship

**Story and photo by**

**Walt Johnson**

*Mountaineer staff*

The World Class Athlete Program used its athletic talents and some timely hitting to earn a 15-13 victory over the United States Army Garrison coed softball team and win the 2006 coed softball championship Monday night at the Mountain Post Sports Complex.

The WCAP team needed two games to secure the title as the USAG team brought its hitting shoes to the park in the first game, defeating the WCAP team and forcing an "if necessary" game.

In the second game, the two teams played to the form they did this season against each other, according to Bruce Robinson, WCAP head coach. After the first game that set up the championship match, Robinson said his team was ready for the possibility of having to play a second game.

"Every now and then you are going to have a bad game and we did in the first game. They had a lot of timely hits and we made some uncharacteristic errors. We knew coming into the games tonight that it would be tough because every time we have played them this year the games have been decided by two or three runs," Robinson said.

After winning the championship, Robinson reflected on what the year has been like for his team that didn't get into the league until the league had been

under way for two weeks.

"We got into the league late. Two weeks into the season we went to Joe (Joe Lujan, assistant intramural sports director) and asked him if we could get into the league and he said there was room for us. We have enough people in the WCAP program that could play softball so we got into the league. Everyone in the program is already good at sports and they are very competitive. We actually lost the first game of the season and that was when everyone decided that we would practice more and really challenge for the championship," Robinson said.

Robinson said playing in the league proved to be a great thing for his unit because of what it did for them collectively. He said because the players participate in so many other sports, they don't get as much time to work together as they did in the league. It gave the players a chance to be competitive with its sister unit the USAG.

"This league gave us a chance to come together from our different sports and play as one team. It's also gave us the chance to get to know each other on a more personal basis. It's also good for us to play in the intramural league so people can see what the WCAP athletes are really like. Its always good to come out and be the best, especially when we get the chance to play against USAG, which is our sister unit. Winning the title is one thing and that's nice, but this also gives us bragging rights and that is good, too," Robinson said.



*7th Infantry Division Antonio "Chewey" Villarreal rounds third and heads home during action Monday at the Mountain Post Sports Complex.*

## Champs

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offensively, and not scoring runs that would be near the 22 and 18 runs the 7th ID and STB teams scored respectively in league championship games. After the first three innings, the STB team had a 3-1 lead and it looked like that would be enough to win the game as both teams went inexplicably cold with their bats. The highlight of the first three innings was the defense both teams played. Both teams took base hits away from opponents with good defensive plays and made the routine plays, which is not always the case in intramural play.

As both teams started warming up the bats, the game became a see-saw affair that saw both teams take the lead and then give it back as the other team put runs on the board. In the top of the seventh, the STB team took a 8-6 lead and was three outs away from giving the 7th ID team a third consecutive loss in intramural championship games the past three years. Lenoff and his team was ready to go for the challenge in the bottom of the inning as they came to the plate, looking for two runs to tie the game and three to win it.

The 7th ID team's bats finally woke up with the type of consistent offense the team usually generates, pounding out hit after hit until the

bases were loaded with no outs. The 7th ID's Rich Conger came to the plate with the bases loaded and the chance to win or tie the game with a hit. The sweet swinging left-handed batter wasted no time lining a hit into the right centerfield alley that scored the runs and gave his team the victory and the post intramural championship.

After the game, Lenoff said his team's maturity was a key factor in the 7th ID finally reaching the top of the intramural league. "We have a lot of Soldiers here who have been in the Army for some time and have been playing softball for some time and they have a lot of experience in doing things under pressure. We also have good senior leadership in people like Antonio "Chewey" Villarreal and myself, who help keep the team focused," Lenoff said.

"I was a little concerned because I thought we had left all of our hitting in the first game of the night but I was also confident because of the team I have. We got solid contributions from everyone that played for us tonight and even our 10th and 11th hitters gave us strong contributions. It was very important for us to win because we were the runners-up the past two years. This (winning the post championship) is much better and it feels sweet to win the championship," Lenoff said.